

EASY READ SUPPORTED LIVING

What is Supported Living?

Supported living helps you live in your own home. You get the help you need to be independent. You make choices about your life.

Why Choose Supported Living?

1. You are in control:

- o You choose where to live.
- o You decide what help you need.

2. Learn new skills:

- o Help with cooking, money, or daily tasks.
- o Build confidence to do things yourself.

3. Live where you want:

- o In a house, flat, or shared home.
- o Stay close to family, friends, or your community.

4. Flexible support:

- o More help when you need it.
- o Less help as you learn.

5. Safe but free:

- o Staff help you stay safe.
- o You still make your own choices.



YOUR
CHOICE,
YOUR
LIFE!



How it works

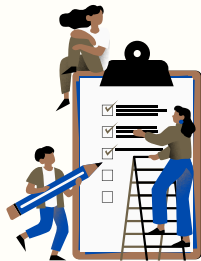
one



Talk about your needs

- We meet you (and anyone you want to bring).
- We ask: What do you want to do? What help do you need?
- Example: “I want to cook my meals” or “I need help with bills.”

two



Make your care plan

- Together, we write a plan just for you.
- The plan says:
 - o What help do you want (e.g., shopping, personal care)?
 - o What skills do you want to learn (e.g., using public transport)?
- You can change the plan anytime.

three



Find your home

- You pick where you want to live:
 - o Stay in your current home.
 - o Find a new home (we help with this).
- We check the home to ensure it is safe and works for you.

four



Choose Your Support Staff

- We match you with friendly staff who:
 - o Listen to you.
 - o Help you learn, not do everything for you.
- You can meet staff first and say yes or no.

five



Start your new life

- Staff visit to help with things like:
 - o Cooking, cleaning, or going out.
 - o Learning new skills.
 - o Joining clubs, work, or hobbies.
- Staff are there when you need them.



Your rights

Choice

You decide about your life.

Control

No one tells you what to do.

Respect

Staff treat you as an equal.

Why choose us?

- We listen to you.
- We help you live your way.
- We make sure you feel safe and happy.

Want to start? Call or email us. We will talk with you, no pressure. Let's make a plan for your life!



34-38 Upper
Green E, Mitcham
CR4 2PB



020 3500 9782



Supportedliving@rapid
improvement.co.uk



<https://rapidimprovementcareagency.co.uk>